

# MIDWEST REGIONAL CALENDAR

## JANUARY-APRIL 2015

*Welcome to the Midwest Region of Contemplative Outreach's calendar of events for the next quarter. Please email any events you would like published to Marcia Jensen at [jensenyetta@gmail.com](mailto:jensenyetta@gmail.com). If you're the contact person or persons for your area changes, please let Marcia know the new name and the email address of the person to be contacted for information.*

### INDIANA

#### **Feb. 14-15, 2015 — Heartfulness Centering Prayer Retreat**

**Location:** Kordes Center  
814 E. 14th Street  
Ferdinand, IN 47532

**Description:** Centering Prayer as a prayer of “heartfulness” in which the mind, body, and spirit are focused on Divine Union.

**Registration:** Anita Aders [aaders@thedome.org](mailto:aaders@thedome.org)

**Information:** 800-880-2777

#### **March 21, 2015—United In Prayer Day | 8:30 AM – 1 PM**

**Location:** St. Paul's Episcopal Church  
6050 N Meridian St.  
Indianapolis, IN 46208 **Cost:** Free

**Description:** United in Prayer Day is an opportunity for the Contemplative Outreach worldwide community to join in a silent bond of prayer and spiritual nourishment.

**Registration:** More information coming soon

### IOWA

#### **January 24, 2015—Celebrating 10 Years of Contemplative Outreach of Central Iowa| 2 -7:30 PM**

**Location:** Windsor Heights Lutheran Church Fellowship Hall  
1240 66th St,  
Windsor Heights, IA 50324

**Cost:** \$35 per person, scholarships available

**Presenter:** Susan Komis, Midwest Coordinator, and individuals who helped establish COCI

**Description:** Centering Prayer followed by time to reminisce with Susan Komis and others who helped give birth to COCI and to view and reflect on the inspiring feature-length film “Thomas Keating; A Rising Tide of Silence.” Dinner and Taize service.

**Registration:** Cheri Grauer [cheri.grauer@gmail.com](mailto:cheri.grauer@gmail.com) 515.979.1988/ Register Online/ [Download Flyer](#)

**January 31, 2015— A Panel on Aspects of Thomas Merton’s Life and Thought| 9 AM - Noon**

**Location:** Des Moines Interntional Eucharistic Community  
3300 University Drive  
Des Moines, IA 50312

**Cost:** Free

**Presenters:** Speakers and readers include: **Rev. Dr. Marilyn Hendricks**, coordinator of the new Dubuque chapter of the International Thomas Merton Society, and Lutheran pastor: **Paul Witmer**, pastor of Covenant Christian Church, and spiritual director; **Patrick J. McDonald**, Des Moines psychotherapist; **Jerry Donovan**, retired Washington lawyer; **Hilary Mullany O.S.F.;** *Janet Drey*, co-facilitator, *Spiritual Journey Series*; *Joyce Rupp O.S.M.*

**Description:** Thomas Merton's life and writings speak to us as clearly today as they did fifty years ago. His commitment to contemplative wisdom and practice, to social justice and nonviolence, his ecumenism, and his ecological sensibilities offer a prophetic message that is truly “a voice for our times.” On the occasion of his centenary, CNV-Iowa is pleased to sponsor a panel of presentations and readings to celebrate the man and his remarkable life.

**Information:** For more information, contact [info@cnv-iowa.org](mailto:info@cnv-iowa.org), or Cynthia Ingham at [515-330-2751](tel:515-330-2751)

**February 7, 2015— Intro to Lectio Divina| 9:00 AM to 3:00 PM**

**Location:** Faith Lutheran Church  
10395 University Ave  
Clive, IA 50325

**Cost:** \$45 to cover program costs and lunch. Scholarships are available.

**Presenter:** Tim Goldman, a commissioned presenter of Centering Prayer and Lectio Divina.

**Description:** Lectio Divina is a way of praying with Scripture. It is a means of listening to the word of God in Scripture and a traditional way of cultivating friendship with Christ.

**Registration:** Judy Proksa at [jproksa@yahoo.com](mailto:jproksa@yahoo.com) /**Register Online/** [Download Flyer](#)

**March 21, 2015—United In Prayer Day | 8:30 AM – 1 PM**

**Location:** St. Paul Lutheran Church  
2136 Brady St,  
Davenport, IA 52803

**Cost:** Free

**Presenter:** Marcia Jensen

**Description:** United in Prayer Day is an opportunity for the Contemplative Outreach worldwide community to join in a silent bond of prayer and spiritual nourishment. There will be time for Centering Prayer, Lectio Divina, and a video with discussion. We end the morning with a potluck lunch.

**Registration:** More information coming soon

**Information:** Marcia Jensen at [jensenyetta@gmail.com](mailto:jensenyetta@gmail.com)

## ILLINOIS

### Jan. 30 – Feb 1, 2015 — Men and Our Shadow

**Location:** Carmelite Spiritual Center  
8419 Bailey Road,  
Darien, IL 60561

**Cost:** \$195 (double occupancy)

**Presenter:** Jim Taylor, one of Richard Rohr's Illuman Weavers

**Description:** a men's weekend (in conjunction with the men of St. Thomas parish in Naperville), using the Enneagram, an ancient and proven tool of deepening spiritual awareness to explore the stronger instincts that shape our life experience and the many facets of our deeper selves..

**Registration:** Open to all men. Pre-register by January 26th with Darlene Jindra at [630-969-4141](tel:630-969-4141) or at the Carmelite Spiritual Center [retreats@carmelitespiritualcenter.org](mailto:retreats@carmelitespiritualcenter.org).

**Information:** [ilmidwestmalespirituality.org](http://ilmidwestmalespirituality.org).

### February 7, 2015--Introduction to Centering Prayer| 9AM – Noon

**Location:** St. Clement's  
642 W. Deming Place  
Chicago, IL 60614

**Description:** This method, based on over 700 years of contemplative Christian practice, has been articulated into our time by Fr. Thomas Keating over 40 years ago. This prayer is considered to be the pure gift of God. It is the opening of the mind and heart – our whole being – to God, the Ultimate Mystery, beyond thoughts, words, and emotions. We will immerse you in the method, its background and theology, as well as participate in centering prayer sessions. This day will explore how silence can be a doorway to opening ourselves to God.

**Registration:** Bill Epperley [drepperly@gmail.com](mailto:drepperly@gmail.com)

### Feb. 12, 2015 —The Spirituality of Healing | 9:00 AM – 4:30 PM

**Location:** Carmelite Spiritual Center  
8419 Bailey Road,  
Darien, IL 60561

**Cost:** \$75 per person (includes lunch)

**Presenter:** James Finley, Ph.D., the author of Merton's *Palace of Nowhere*, *The Contemplative Heart* and *Christian Meditation: Experiencing the Presence of God*.

**Description:** A one-day retreat exploring a seven step, contemplative approach to the decisive role spirituality can play in healing trauma and all forms of suffering. The day is intended for clinicians, pastoral counselors, spiritual directors, and trauma survivors; those in twelve-step recovery programs and for all who are interested in the spiritual dimensions of healing. The day will include short periods of silent meditation and discussion of the themes presented. CEU units pending.

**Registration:** <http://www.ILMidwestMaleSpirituality.org>

## ILLINOIS CONT.

**Feb. 13-15, 2015—The Spirituality of Healing | 7:00 PM Friday – 3:00 PM Sunday**

**Location:** Carmelite Spiritual Center  
8419 Bailey Road,  
Darien, IL 60561

**Cost:** \$175 (retreat only). Overnight hotel accommodations and food options available nearby.

**Presenter:** James Finley, Ph.D., the author of Merton's *Palace of Nowhere*, *The Contemplative Heart* and *Christian Meditation: Experiencing the Presence of God*.

**Description:** This weekend conference/retreat provides a gentle introduction to the spiritual teachings of the 16th century Spanish Carmelite mystic St. John of the Cross. An emphasis will be given to how St. John of Cross guides us through the dark night of the soul in which we come to a profound experience of God's oneness with us in all things. This retreat is intended for sincere beginners as well as those more experienced in the practice of contemplative prayer. Time will be provided for periods of silent meditation, personal reflection and discussion of the themes presented.

**Registration:** <http://www.ILMidwestMaleSpirituality.org>

**February 13 -15, 2015--The Mystical Mandala: Drawn to the Center of our Being| Fri 6:00**

**Location:** The Portiuncula Center for Prayer  
9263 W. Saint Francis Rd.  
Frankfort IL, 60423

**Cost:** *Lodger:* \$220, 6 meals & 2 nights lodging, materials/ *Commuter:* \$125, 6 meals materials

**Registration/Information:** Molly Lovelock, [lovelock3@gmail.com](mailto:lovelock3@gmail.com)

**March 8, 2015--Introduction to Centering Prayer| 2 PM – 6 PM**

**Location:** Mayslake Ministries  
618 Ogden Ave  
Downers Grove, IL 60515

**Description:** the official training in Centering Prayer

**Registration:** Trish Lynch [TLynch@MayslakeMinistries.org](mailto:TLynch@MayslakeMinistries.org)

## KENTUCKY

**February 26-March 1, 2015— Centering Prayer Weekend Retreat**

**Location:** Knobs Haven at Loretto Motherhouse  
515 Nerinx Road  
Nerinx, KY 40049

**Presenters:** Judy Sharer and Jeannie Younger

**Cost:** \$225.00 or \$75.00/night if you cannot arrive until Friday, 02/27/2015.

**Registration:** Registration by Dec. 1, 2014 appreciated. Final payment is due by Feb. 20, 2015. Partial scholarships are available. Sharon Allen [sksallen13@gmail.com](mailto:sksallen13@gmail.com) 502-417-8721

## FUTURE RETREATS -- 2015

### May 2, 2015—*The Gift of Life: Death & Dying, Life & Living*

**Location:** Benedict Inn, Beech Grove, IN

**Presenter:** Gail Fitzpatrick Hoppler, former coordinator for Contemplative Outreach International

**Description:** *The Gift of Life: Death & Dying, Life & Living* offers a vision of hope and a view of reality that counter the cultural norms that view death as a tragedy, or the end of living, or an entry into harsh judgment and retribution.

**Registration/Information:** Registration information will be posted as it becomes available.

### May 15-17, 2015— Centering Prayer Weekend Retreat

**Location:** St. Benedict Center, Schuyler, NE

### Oct. 29 – Nov. 1, 2015— 4-day Centering Prayer Retreat with Welcoming Prayer Workshop

**Location:** St. Benedict Center, Schuyler, NE

**Presenter:** Mary Dwyer

## INTENSIVE/POST-INTENSIVE RETREATS -- 2015

- **INTENSIVE RETREAT:** An in-depth retreat for those with experience in Centering Prayer and who are interested in entering into the more profound levels of this spiritual practice in an atmosphere of silence, solitude and community. Presentations are shown from the *Spiritual Journey* series by Fr. Thomas Keating.
- **POST INTENSIVE RETREAT:** Provides an opportunity for intensive Centering Prayer at a deeper level in an atmosphere of solitude, silence and community. A prior Intensive Centering Prayer Retreat experience is required

### May 15-23, 2015 — Centering Prayer Dual-Track Intensive Post-Intensive Retreat

**Location:** Kordes Center, Ferdinand, IN 47532

**Registration/Info:** Anita Aders [aaders@thedome.org](mailto:aaders@thedome.org) 800-880-2777

### June 6 - 13, 2015—Dual-Track Intensive Post-Intensive Centering Prayer Retreat

**Location:** Creighton University Retreat Center near Griswold, IA

**Cost:** All Single Rooms @ \$575

**Presenters:** Paul Witmer and Chris Frantsvog

**Registration:** [Register online](#), or call Chris Frantsvog for further direction.

**Deadline:** May 15, 2015. Payment in full must be received to reserve your space.

**Information:** Chris Frantsvog, [chris.frantsvog@centeriowa.org](mailto:chris.frantsvog@centeriowa.org) 515-306-1221

**June 14-21, 2015— Intensive/Post-Intensive 8 Day Centering Prayer Retreat**

**Location:** Nazareth Retreat Center, Nazareth KY

**Presenter:** Fr. John Mark Ettensohn, OMI and CO-KY Staff

**Cost:** \$625. (Includes \$75. non-refundable deposit, room, meals and program)

**Registration:** by January 1, 2015 appreciated [Download Brochure](#)

**Information:** Sharon Allen 502-417-8721 [sksallen13@gmail.com](mailto:sksallen13@gmail.com)

**October 23-30, 2015—Intensive Retreat**

**Location:** Villa Maria Catholic Life and Retreat Center [villa.dio.org](http://villa.dio.org)

1903 E. Lake Shore Drive

Springfield, IL 62712

**Presenter:** Rev. Paul Witmer UCC and Rev. Jerry King

**Information:** Contact Jerry King at 217-502-2385